

March




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St. Paschal

Monday

Tuesday

Wednesday

Thursday

Friday

Nutrients

<p>If your child has a <i>severe food allergy</i>, please review menu carefully and call 995-7835 for additional info. or ingredient listings.</p>				<p>1 SLICE OF PIZZA ROMA CHEESE PIZZA Garden SALAD SOFT WHEAT PRETZEL STICK</p>	<p>Cal 754 T.Fat 23.27 G (27.8 %) S.Fat 6.7 G (8.0 %) Carb 112.90 G (59.9 %)</p>
<p>4 TACO MEAT with NACHOS Shred.Lettuce & Cheese CRAZY CORN PINEAPPLE TIDBITS</p>	<p>5 BAKED CHICKEN PATTY ON WHEAT BUN SMILEY FACE POTATOES VEGGIE STICKS & Ranch</p>	<p>6 <i>Ash Wednesday</i> EGGO Confetti mini Panca POTATO TRIANGLE DANIMALS YOGURT CINNAMON APPLESAUCE</p>	<p>7 SLICE OF PIZZA ROMA CHEESE PIZZA Garden SALAD SOFT WHEAT PRETZEL STICK</p>	<p>8 NO School</p>	<p>Cal 719 T.Fat 22.22 G (27.8 %) S.Fat 6.3 G (7.9 %) Carb 107.11 G (59.6 %)</p>
<p>11 CHICKEN NUGGETS TATER TOTS FRESH FRUIT OF THE DAY FRESH VEGGIE CUP</p>	<p>12 SALAD BAR with POPCORN CHICKEN or TUNA SALAD FRESH VEGGIES and FRUIT DICED PEACHES ROLL</p>	<p>13 FRENCH TOAST STICKS WITH SYRUP POTATO TRIANGLE TURKEY SAUSAGE LINK CINNAMON APPLESAUCE</p>	<p>14 BUTTERED NOODLES GARLIC BREADSTICK VEGGIE STICKS FRESH FRUIT OF THE DAY</p>	<p>15 GIUSEPPE'S CHEESE PIZZA Garden SALAD SOFT WHEAT PRETZEL STICK VANILLA PUDDING</p>	<p>Cal 724 T.Fat 20.92 G (26.0 %) S.Fat 6.1 G (7.6 %) Carb 108.96 G (60.2 %)</p>
<p>18 GRILLED CHEESE SANDWICH FRENCH FRIES FRESH VEGGIE CUP OREO COOKIES</p>	<p>19 BUTTERED NOODLES BOSCO CHEESY BREADSTICK FRESH VEGGIE CUP Strawberry Cup</p>	<p>20 MAPLE BURNST'N MINI PANCAKES TURKEY SAUSAGE LINK POTATO TRIANGLE APPLESAUCE</p>	<p>21 SLICE OF PIZZA ROMA CHEESE PIZZA Garden SALAD SOFT WHEAT PRETZEL STICK</p>	<p>22 NO School</p>	<p>Cal 808 T.Fat 24.74 G (27.6 %) S.Fat 7.6 G (8.5 %) Carb 122.96 G (60.9 %)</p>
<p>25 GARLIC CHEESE FRENCH BREAD FRESH VEGGIE CUP SLICED APPLES **mini ICE CREAM</p>	<p>26 MINI CORN DOGS (chicken) BAKED CHEETOS FRESH VEGGIE CUP **SUGAR COOKIE</p>	<p>27 Eggo Mini Cinnamon Waffles POTATO TRIANGLE TURKEY SAUSAGE LINK CINNAMON APPLESAUCE</p>	<p>28 BUTTERED NOODLES GARLIC BREADSTICK VEGGIE STICKS FRESH FRUIT OF THE DAY</p>	<p>29 SLICE OF PIZZA ROMA CHEESE PIZZA Garden SALAD SOFT WHEAT PRETZEL STICK</p>	<p>Cal 698 T.Fat 22.91 G (29.5 %) S.Fat 6.9 G (8.9 %) Carb 102.07 G (58.5 %)</p>
<p>Menus subject to change, especially if calamity days are called</p>					<p>Menus reviewed by Robin Smeal, RD, LD</p>