

October



St. Paschal



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Monday

Tuesday

Wednesday

Thursday

Friday

				<p>1 SLICE OF PIZZA ROMA CHEESE PIZZA SOFT WHEAT PRETZEL STICK Garden SALAD VANILLA PUDDING</p>	<p>Cal 757 T.Fat 23.56 G (28.0 %) S.Fat 6.7 G (8.0 %) Carb 112.17 G (59.3 %)</p>
<p>4 GRILLED CHEESE SANDWICH TATER TOTS SLICED APPLES OREO COOKIES</p>	<p>5 BAKED CHICKEN PATTY ON WHEAT BUN BAKED POTATO CHIPS FRESH VEGGIE CUP FRESH FRUIT OF THE DAY</p>	<p>6 EGG McMUFFIN with cheese, sausage POTATO TRIANGLE CINNAMON APPLESAUCE YOPLAIT YOGURT</p>	<p>7 BUTTERED NOODLES GARLIC BREADSTICK VEGGIE STICKS & Ranch ORANGES</p>	<p>8 NO School</p>	<p>Cal 731 T.Fat 22.86 G (28.2 %) S.Fat 7.3 G (8.9 %) Carb 104.55 G (57.2 %)</p>
<p>11 GARLIC CHEESE FRENCH BREAD SMILEY FACE POTATOES Garden SALAD FRESH FRUIT OF THE DAY</p>	<p>12 CHEESEBURGER FRENCH FRIES VEGGIE STICKS & Ranch RICE KRISPY TREAT</p>	<p>13 Brunch for Lunch! MAPLE BURNST'N MINI PANCAKES TURKEY SAUSAGE LINK POTATO TRIANGLE APPLESAUCE</p>	<p>14 BUTTERED NOODLES BOSCO CHEESY BREADSTICK VEGGIE STICKS & Ranch FRESH APPLE</p>	<p>15 MASTER'S Cheese Pizza SOFT WHEAT PRETZEL STICK Garden SALAD CHOCOLATE PUDDING</p>	<p>Cal 771 T.Fat 24.32 G (28.4 %) S.Fat 8.1 G (9.4 %) Carb 110.54 G (57.3 %)</p>
<p>18 BAKED CHICKEN TENDERS CHEESY MAC AND CHEESE FRESH FRUIT OF THE DAY VEGGIE STICKS & Ranch</p>	<p>19 3 TACO TRIANGLES CRAZY CORN MEXICAN RICE PINEAPPLE TIDBITS</p>	<p>20 FRENCH TOAST STICKS WITH SYRUP POTATO TRIANGLE TURKEY SAUSAGE LINK CINNAMON APPLESAUCE</p>	<p>21 BUTTERED NOODLES GARLIC BREADSTICK VEGGIE STICKS & Ranch ORANGES</p>	<p>22 SLICE OF PIZZA ROMA CHEESE PIZZA SOFT WHEAT PRETZEL STICK Garden SALAD VANILLA PUDDING</p>	<p>Cal 717 T.Fat 18.95 G (23.8 %) S.Fat 5.6 G (7.0 %) Carb 109.26 G (60.9 %)</p>
<p>25 CHICKEN NUGGETS SMILEY FACE POTATOES FRESH VEGGIE CUP FRUIT CUP</p>	<p>26 ROTINI W/ MARINARA MEATBALLS GARLIC BREADSTICK ITALIAN LEMON ICE</p>	<p>27 Eggo Mini Cinnamon Waffles POTATO TRIANGLE TURKEY SAUSAGE LINK CINNAMON APPLESAUCE</p>	<p>28 BUTTERED NOODLES BOSCO CHEESY BREADSTICK FRESH FRUIT OF THE DAY VEGGIE STICKS & Ranch</p>	<p>29 MASTER'S Cheese Pizza SOFT WHEAT PRETZEL STICK Garden SALAD CHOCOLATE PUDDING</p>	<p>Cal 687 T.Fat 20.16 G (26.4 %) S.Fat 6.1 G (8.0 %) Carb 100.38 G (58.5 %)</p>
<p>Menus subject to change, especially if calamity days are called</p>	<p>If your child has a <i>severe food allergy</i>, please review menu carefully and call 995-7835 for additional info. or ingredient listings.</p>			