

**Happy
New
Year!**


St. Paschal



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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
<p>3</p> <p>CHICKEN POPPERS with dunking sauce BAKED SEASONED WEDGE FRIES FRESH VEGGIE CUP FRESH FRUIT OF THE DAY</p>	<p>4</p> <p>Mini Corn Dogs (turkey) SMILEY FACE POTATOES ORANGES RICE KRISPY TREAT</p>	<p>5</p> <p>EGG McMUFFIN with cheese, sausage POTATO TRIANGLE CINNAMON APPLESAUCE YOPLAIT YOGURT . Brunch for Lunch!</p>	<p>6</p> <p>BUTTERED NOODLES GARLIC BREADSTICK VEGGIE STICKS & Ranch ORANGES .</p>	<p>7</p> <p>SLICE OF PIZZA ROMA CHEESE PIZZA SOFT WHEAT PRETZEL STICK Garden SALAD VANILLA PUDDING</p>	<p>Cal 732 T.Fat 22.38 G (27.5 %) S.Fat 6.9 G (8.5 %) Carb 109.12 G (59.6 %)</p>
<p>10</p> <p>BAKED CHICKEN PATTY ON WHEAT BUN BAKED POTATO CHIPS VEGGIE STICKS & Ranch DICED PEACHES .</p>	<p>11</p> <p>SALAD BAR with POPCORN CHICKEN or TUNA SALAD FRESH VEGGIES and FRUIT FRESH FRUIT OF THE DAY ROLL .</p>	<p>12</p> <p>FRENCH TOAST STICKS WITH SYRUP POTATO TRIANGLE TURKEY SAUSAGE LINK CINNAMON APPLESAUCE .</p>	<p>13</p> <p>BUTTERED NOODLES BOSCO CHEESY BREADSTICK VEGGIE STICKS & Ranch FRESH APPLE .</p>	<p>14</p> <p>MASTER'S Cheese Pizza SOFT WHEAT PRETZEL STICK Garden SALAD CHOCOLATE PUDDING .</p>	<p>Cal 775 T.Fat 22.40 G (26.0 %) S.Fat 6.0 G (7.0 %) Carb 115.24 G (59.5 %)</p>
<p>17</p>  <p>No School</p>	<p>18</p> <p>CHICKEN NUGGETS CHEESY MAC AND CHEESE DICED PEACHES **SUGAR COOKIE .</p>	<p>19</p> <p>Eggo Mini Cinnamon Waffles POTATO TRIANGLE TURKEY SAUSAGE LINK CINNAMON APPLESAUCE .</p>	<p>20</p> <p>BUTTERED NOODLES BREADED MOZZARELLA STIX Marinara Sauce FRESH FRUIT OF THE DAY ITALIAN LEMON ICE .</p>	<p>21</p> <p>SLICE OF PIZZA ROMA CHEESE PIZZA SOFT WHEAT PRETZEL STICK Garden SALAD VANILLA PUDDING</p>	<p>Cal 717 T.Fat 20.60 G (25.9 %) S.Fat 6.6 G (8.3 %) Carb 108.74 G (60.7 %)</p>
<p>24</p> <p>ALL BEEF HOT DOG FRENCH FRIES VEGGIE STICKS & Ranch BLUE RASPBERRY FRUIT JUICE BAR .</p>	<p>25</p> <p>WALKING TACO w/ DORITOS Shred.Lettuce & Cheese CRAZY CORN MEXICAN RICE PINEAPPLE TIDBITS .</p>	<p>26</p> <p>MAPLE BURNST'N MINI PANCAKES TURKEY SAUSAGE LINK POTATO TRIANGLE APPLESAUCE .</p>	<p>27</p> <p>BUTTERED NOODLES GARLIC BREADSTICK VEGGIE STICKS & Ranch ORANGES .</p>	<p>28</p> <p>MASTER'S Cheese Pizza SOFT WHEAT PRETZEL STICK Garden SALAD CHOCOLATE PUDDING .</p>	<p>Cal 742 T.Fat 22.03 G (26.7 %) S.Fat 6.6 G (8.0 %) Carb 110.12 G (59.4 %)</p>
<p>31</p> <p>GRILLED CHEESE SANDWICH TATER TOTS VEGGIE STICKS & Ranch CHOCOLATE CHIP COOKIES .</p>				<p>Menus subject to change due to supply issues</p>	<p>Cal 859 T.Fat 34.34 G (36.0 %) S.Fat 12.9 G (13.5 %) Carb 107.82 G (50.2 %)</p>

If your child has a *severe food allergy*, please review menu carefully and call 995-7835 for additional info. or ingredient listings.

Menus reviewed by
Robin Smeal, RD, LD