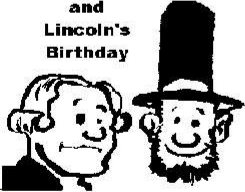


February

St Paschal

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			1 BUTTERED NOODLES GARLIC BREADSTICK VEGGIE STICKS & Ranch DICED PEACHES .	2 MASTER'S Cheese Pizza SOFT WHEAT PRETZEL STICK Garden SALAD CHOCOLATE PUDDING . LOW FAT RANCH OR	T.Fat 19.26 G (23.1 %) S.Fat 5.1 G (6.1 %) Carb 120.06 G (63.9 %)
5 Meatball Sub BAKED POTATO CHIPS FRESH FRUIT OF THE DAY **SUGAR COOKIE .	6 SALAD BAR with POPCORN CHICKEN or TUNA SALAD FRESH VEGGIES and FRUIT FRESH FRUIT OF THE DAY ROLL .	7 FRENCH TOAST STICKS WITH SYRUP POTATO TRIANGLE TURKEY SAUSAGE LINK CINNAMON APPLESAUCE .	8 BUTTERED NOODLES GARLIC BREADSTICK VEGGIE STICKS & Ranch FRESH APPLE .	9 SLICE OF PIZZA ROMA CHEESE PIZZA SOFT WHEAT PRETZEL STICK Garden SALAD VANILLA PUDDING .	T.Fat 24.98 G (28.2 %) S.Fat 7.3 G (8.2 %) Carb 111.27 G (55.8 %)
Happy Valentine's Day					
12 GRILLED CHEESE SANDWICH TATER TOTS VEGGIE STICKS & Ranch FRESH FRUIT OF THE DAY .	13 CHEESEBURGER FRENCH FRIES RED GRAPES FRESH VEGGIE CUP .	BUTTERED NOODLES BOSCO CHEESY BREADSTICK VEGGIE STICKS & Ranch FROZEN FRUIT JUICE BAR .	Eggo Mini Cinnamon Waffles SMILEY FACE POTATOES TURKEY SAUSAGE LINK CINNAMON APPLESAUCE .	16 SLICE OF PIZZA ROMA CHEESE PIZZA SOFT WHEAT PRETZEL STICK Garden SALAD CHOCOLATE PUDDING .	T.Fat 24.61 G (28.7 %) S.Fat 8.5 G (9.9 %) Carb 109.85 G (57.0 %)
19 Washington and Lincoln's Birthday 	20 ALL BEEF HOT DOG SMILEY FACE POTATOES DICED PEACHES FROZEN FRUIT JUICE BAR .	21 Mini EGGO Pancakes TURKEY SAUSAGE LINK Potato of the day APPLESAUCE .	22 BUTTERED NOODLES BREADED MOZZARELLA STIX Marinara Sauce MANDARIN ORANGE SLICES RICE KRISPY TREAT .	23 SLICE OF PIZZA ROMA CHEESE PIZZA SOFT WHEAT PRETZEL STICK Garden SALAD VANILLA PUDDING .	T.Fat 21.83 G (26.2 %) S.Fat 6.4 G (7.7 %) Carb 115.23 G (61.6 %)
26 EGG McMUFFIN with cheese, sausage Potato of the day FROZEN STRAWBERRY YOGURT CUP CINNAMON APPLESAUCE .	27 BUTTERED NOODLES GARLIC BREADSTICK VEGGIE STICKS & Ranch DICED PEACHES .	28 GARLIC CHEESE FRENCH BREAD Garden SALAD RED GRAPES **CHOC CHIP COOKIE .	29 BAKED CHICKEN TENDERS BAKED POTATO CHIPS VEGGIE STICKS & Ranch FRUIT CUP .	1 MASTER'S Cheese Pizza SOFT WHEAT PRETZEL STICK Garden SALAD OREO COOKIES . LOW FAT RANCH OR	Menus subject to change Menus reviewed by Robin Smeal, RD, LD

If your child has a *severe food allergy*, please review menu carefully and call 995-7835 for additional info. or ingredient listings.