



St Paschal


Lunch account
balances automatically
roll over into next



School Payments Made Easy!

- Make Deposits
- Check Account Balances
- View Purchase History
- Much More!

▶ LOGIN HERE ◀

Monday	Tuesday	Wednesday	Thursday		
		1 FRENCH TOAST STICKS WITH SYRUP POTATO TRIANGLE TURKEY SAUSAGE LINK CINNAMON APPLESAUCE .	2 BUTTERED NOODLES GARLIC BREADSTICK VEGGIE STICKS & Ranch DICED PEACHES .	3 SLICE OF PIZZA ROMA CHEESE PIZZA SOFT WHEAT PRETZEL STICK Garden SALAD CHOCOLATE PUDDING .	Cal 769 T.Fat 19.85 G (23.2 %) S.Fat 5.5 G (6.4 %) Carb 125.13 G (65.1 %) Prtn 24.11 G (12.5 %)
6 CHEESEBURGER FRENCH FRIES RED GRAPES FRESH VEGGIE CUP .	7 GRILLED CHEESE SANDWICH TATER TOTS VEGGIE STICKS & Ranch **SUGAR COOKIE .	8 Brunch for Lunch! Mini EGGO Pancakes TURKEY SAUSAGE LINK Potato of the day APPLESAUCE .	9 BUTTERED NOODLES BOSCO CHEESY BREADSTICK VEGGIE STICKS & Ranch **mini ICE CREAM SANDWICH .	10 MASTER'S Cheese Pizza SOFT WHEAT PRETZEL STICK Garden SALAD VANILLA PUDDING . LOW FAT RANCH OR	Cal 818 T.Fat 28.23 G (31.1 %) S.Fat 9.4 G (10.3 %) Carb 113.12 G (55.3 %) Prtn 30.80 G (15.1 %)
13 WALKING TACO w/ DORITOS Shred.Lettuce & Cheese ROLL MEXICAN RICE PINEAPPLE TIDBITS .	14 ALL BEEF STADIUM HOT DOG SMILEY FACE POTATOES VEGGIE STICKS & Ranch FROZEN FRUIT JUICE BAR	15 EGG McMUFFIN with cheese, sausage Potato of the day FROZEN STRAWBERRY YOGURT CUP CINNAMON APPLESAUCE .	16 BUTTERED NOODLES GARLIC BREADSTICK VEGGIE STICKS & Ranch DICED PEACHES .	17 NO School	Cal 584 T.Fat 17.10 G (26.3 %) S.Fat 6.0 G (9.2 %) Carb 86.11 G (59.0 %) Prtn 21.35 G (14.6 %)
20 BAKED CHICKEN TENDERS CHEESY MAC AND CHEESE VEGGIE STICKS & Ranch ORANGES .	21 SALAD BAR with POPCORN CHICKEN or TUNA SALAD FRESH VEGGIES and FRUIT FRESH FRUIT OF THE DAY ROLL .	22 Brunch for Lunch! Eggo Mini Cinnamon Waffles SMILEY FACE POTATOES TURKEY SAUSAGE LINK CINNAMON APPLESAUCE .	23 BUTTERED NOODLES GARLIC BREADSTICK VEGGIE STICKS & Ranch RICE KRISPY TREAT .	24	Cal 658 T.Fat 17.64 G (24.1 %) S.Fat 5.5 G (7.5 %) Carb 96.04 G (58.4 %) Prtn 30.50 G (18.5 %)
27  NO School	28 MASTER'S Cheese Pizza SOFT WHEAT PRETZEL STICK Garden SALAD *VANILLA PUDDING . LOW FAT RANCH OR	29 BUTTERED NOODLES GARLIC BREADSTICK DICED PEACHES **SUGAR COOKIE .	30	31	

If your child has a severe *food allergy*, please review menu carefully and call 995-7835 for additional info. or ingredient listings.

Menus reviewed by
Robin Smeal, RD, LD